

Eskimo-3 capsules

CNK 1271048 | NUT 162/695

 105 capsules



Good for heart and brain function

- 240 mg EPA and 150 mg DHA
- Ultra-pure and stable fish oil (Pufanox®)
- The fish oil is natural, not chemically modified and "Friend of the Sea"-certified

Usage: 1-3 capsules per day

Product description

Eskimo[®]-3 is rich in omega-3 fatty acids.

3 capsules contain a sufficient amount of EPA and DHA (at least 250 mg) to support the cardiac function. 5 capsules provide a sufficient amount of DHA (at least 250 mg) to support a normal brain function and sight.



Lactose-free



Gluten-free



Suitable for
breastfeeding
women



Suitable for
pregnant
women

Ingredients

Nutritional information

Ingredients per 3 capsules	Shape/component	Quantity	%RI
<u>Omega 3-fatty acids</u>			
	EPA (eicosapentaenoic acid)	240 mg	
	DHA (docosahexaenoic acid)	150 mg	
<u>Vitamin E</u>	D-alpha-tocopheryl acetate	4,5 mg	38%

Also contains:

Gelatin, Glycerol, Soy lecithin, Tocopherol-rich extracts, Extracts of Rosemary (*Rosmarinus officinalis L.*), Ascorbyl palmitate, Lime flavor

List of ingredients

Fish oil, capsule (gelatin, glycerin), antioxidant blend ((antioxidants: vitamin E (tocopherol-rich extract), rosemary extract, emulsifier: soy lecithin, antioxidant: ascorbyl palmitate), vitamin E (D-alpha tocopheryl acetate)), lime flavor

Use and dose

1-3 capsules per day

Precautions

omega-3 fatty acids can impact the effect of oral anticoagulants. However, supplementing an omega-3 fatty acid deficiency is recommended.

The information was written by and for people who work with health and nutrition in a professional capacity. It is not intended for consumers or people without specialised knowledge. The disease must be diagnosed and treated by an accredited healthcare professional.

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep cool and dry. Do not exceed the recommended daily allowance. Keep out of the reach of young children.

© Metagenics